



WIXAMS NEWSLETTER

An Independent Newsletter covering all parishes across Wixams • newsletter@wixams.org

Support for Wixams Surgery withdrawn



It has recently been announced that the Health Services across Bedford will “stagnate” as support for the GP expansion has been withdrawn. This was announced during the Bedford Borough Council’s Full Meeting on Wednesday 11 January which stated that the proposed expansion schemes for GPs at Wootton, **Wixams**, Shortstown, Harrold and Queens Park will not now be supported by the ICB (Integrated Care Board) at the current time due to financial constraints. We, in Wixams have for over ten years been promised a Doctor’s surgery and so far this has been denied. **Our fight for a local GP surgery continues.**

In our Newsletter Residents Survey in June 2021 one of the

main concerns of our residents was the lack of Healthcare Facilities – 69% of residents highlighted the lack of healthcare facilities as an issue and 87.8% of residents said healthcare facilities should be prioritised. We are still no further forward in achieving the much needed healthcare facilities.

We must do something **NOW** to put this back on the Bedford Borough and Central Bedfordshire Councils agenda and fight for the facility that we so desperately need.

As a result of this announcement we have set up a Survey Monkey Questionnaire and within one day of the survey going live we had over 226 responses – it is a short survey consisting of 5 questions with the main question being:

Why does Wixams need a GP practice?

Don’t delay - have your say here:



**Deadline for completion:
Sunday 12 February 2023**

The results of the Survey will be shared with the ICB, Bedford Borough and Central Bedfordshire Councils and Wixams Parish Council.

We need to fight for this NOW.

USEFUL NUMBERS

999 - Emergency

Where there is a risk of:

- Personal injury
- Loss of life
- Crime in action

101 - Non emergency

- Reporting a crime that is no longer in progress
- Giving information about a crime
- Contacting local police officer
- Getting update reported crime
- Suspicious incidents

• Wixams Parish Council	07554 443800
• Lakeview Village Hall.....	07821 744848
• Lakeview School	01234 741653
• Wixams Tree.....	01234 608960
• Wixams Academy.....	01234 608950
• Houghton Conquest Lower School	01234 740202
• Welcome (Wixams Co-Op).....	01234 740404
• Portu Gallo's.....	01234 741116
• Lakeside Fish & Chips.....	01234 743942
• Wilstead Tandoori	01234 740904
• Wilstead 9th Kitchen.....	01234 740413
• The Red Lion	01234 402446
• The Woolpack.....	01234 742318
• NHS Direct.....	111
• Wilstead Pharmacy.....	01234 740609
• Bedford Hospital.....	01234 355122
• Doctors - London Road.....	01234 266866
• Doctors - Houghton Close	01525 300898
• Doctors - Greensand	01525 631390
• Doctors - Oliver St.....	01525 631395
• Doctors - Wootton.....	01234 762500
• Dentist - Cranfield.....	01234 752515
• Scotts Vets.....	01234 742423
• BPHA Customer Service.....	0330 100 0272
• Bedford Borough Council	01234 267422
• L&Q Estates.....	01926 339339
• Wilstead & Wixams Good Neighbours Scheme	07807 408928
• Wilstead Post Office	01234 740210
• Seasons Garden Centre	01234 741909
• Houghton Conquest Parish Council	01234 270016
• Houghton Conquest Post Office	01234 740208
• Stewartby Parish Council.....	01908 397959

Wixams Parish Council

At the January parish council meeting, development consultants Bidwells addressed the council about local education projects. Below is a summary of the information they provided:

Proposed New Primary School

- A full planning application for the proposed 4 form entry primary school should be submitted in late January. The school front will sit to the front of the new town centre.
- They anticipate the school will be open by September 2024; at full capacity there will be 840 pupils.
- There are two planned entry points: one for main school and one for early years.
- There will be a temporary drop off provision within the school parking area until the school is at full capacity (expected by 2026); at that point though the parking places will be needed for teaching staff.

Wixams Academy Extension

- The extension will now include additional car parking.
- The new playing pitches are being moved back to the north of the site.
- There is to be a new sports block which will allow the current school hall to be used for other areas of the curriculum such as drama.
- The school will become a 10-form entry school with 1750 at full capacity.
- Works are due to be complete by September 2024.

Budget and precept 2023/24

The parish council resolved to set the 2023/24 precept – the money the parish council uses to deliver its services – at the same amount as it was for the prior year. However, the number of tax-paying residents has increased so individual tax bills will show a reduction of 8.6% (£3.64 a year less for a Band D property).

Defibrillator Training

The parish council will be hosting a defibrillator training session on Saturday March 11th 2023 in the Munson Room at the Lakeview Village Hall. Please reach out to the clerk if you are interested in attending. There is a limit on numbers, but if it is exceeded then we may host another session in the near future.

Wixams Youth club – Wednesdays in the Swan Room at Lakeview Village Hall 5:30 - 7:30 pm

After the recent Christmas break, the youth club started up again on Wednesday the 4th of January with 16 young people attending. Some of the members have expressed an interest in taking on more of a leadership role and training to become a 'youth helper'. The group facilitator and members have been working together to plan the activities for each week up to Easter and they are also hoping to start up their own tuck shop. If your child is interested in attending these drop-in sessions they do not need to book prior to the night. The club has the capacity for 20 young people, aged 12+. Unfortunately, once they have reached their capacity, they will need to turn people away. When dropping your child off we advise you ensure there is space for your child before leaving them there. This group is funded by the Wixams Parish Council and run by 4YP (professional youth workers), there is no cost to attend.

Next Parish Council Meetings

Our next meetings will be on 21st February and 21st March at 7.45pm. The council meetings are held at Wixams Lakeview Village Hall in the Munson Room – everyone is welcome to attend and you can address the council in the public forum at the start of every meeting.

wixamspc@gmail.com / wixams-pc.gov.uk

YOUTH CORNER *by Ellie*

Hello and welcome back to the Youth Corner! I hope you have had a great Christmas and New Year.

During January, one of the many holidays include National Storytelling Week, which runs from 28 January - 5 February. To celebrate this, I have added some prompts below to tell your own stories with your friends! Each prompt added equals one

extra point, and whoever has the most by the end wins!

- A talking shoe
- A grizzly bear with wings
- A book that can talk
- A mask that makes you super-strong
- A reading light that makes your book characters come to life
- Socks that make you fly

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Councillor Graeme Coombes

Graeme is the Wilshamstead Borough Councillor.
Reporting to Wixams (January 2022)

In January, the Mayor's 'Local Plan 2040' came before Bedford Councillors for approval. These are his plans for house building and development across Bedford up to the year 2040. After months of public consultation, resulting in nearly 1500 responses from the Bedford public, with only 10% supporting his plans, the Mayor made no amendments, changed absolutely nothing, and is now ramming his proposals through in the face of some major local opposition.

I have previously written about my own objections to the Local Plan proposals. I believe what is being put forward will have devastating consequences for both Wilstead and Wixams, due to the massive house building it will allow in Wilstead Parish, swamping it with 2100 additional houses and trebling its size.

It will lead to a huge urban sprawl, taking out vast amounts of green space along the A6 and effectively merging Wixams and Wilstead. We will be boxed in by further development to the South and East, which will bring additional traffic to Wixams when the Mayor hasn't even sorted out the current traffic problems here. It is a recipe for chaos.

The Local Plan 2040 also fails abysmally to address the chronic need to help young people get on the housing ladder - 4 and 5 bed detached houses in villages will not help. The Mayor should have been bold and looked at more starter homes for young people in the Town Centre. So the Local Plan has the wrong type of properties in entirely the wrong location.

I therefore voted against the current Local Plan and will continue to oppose it when it comes before the Planning Inspector. Whilst we do need more homes to be built nationally, I could not in good conscience vote for a Local Plan which will do so much damage to Wixams and Wilstead and which proposes things that many residents are so vehemently opposed to. It will only put further pressure on Wixams infrastructure, much of which has still not been delivered. It is a fight I will continue, in order to protect Wixams and Wilstead from overdevelopment.



Wixams Lego Club

Dear all,

Confirmed date for Wixams Lego Club 'WLC', is now **Saturday from 4th March 2023, at Lakeview Village Hall, Wixams.**

Plan is to hold club every Saturday morning, for approx. 90 minutes. A calendar will be issued on our Facebook page, coming soon.

Cost will be **£2.50 per attendee, per visit** (no charge for parent/guardian), and payable in advance. Your first visit will be free, and chargeable from that point onward. **Age limit is 3 to 16 years.**

We do ask that children are supervised by the parent / guardian during the club attendance, however, we are reviewing this requirement for older children.

In addition, an optional one year membership cost will be available, giving a 50p discount for each visit.

Advance booking is recommended as spaces will be limited. Booking details and payment details to be sent shortly, we hope to have an online booking system running shortly.

We are still in the process of obtaining funds to purchase equipment, and have started to build a good amount of equipment.

In the meantime, if you wish to donate to the club, please review the following amazon link:

www.amazon.co.uk/hz/wishlist/ls/2EXPJWR934373

If you want to know more, or wish to volunteer as an assistant, please e-mail: LegoAtWixams@gmail.com



Wixams Community Café

The Wixams Community Café is open weekly and for just **£2 each** (kids under 5 go free) you get unlimited tea, coffee, squash and biscuits.

Everyone is welcome so why not pop in for cuppa and a natter?

Tuesday mornings

10:30 am to 12:00 pm

Swan Room, Lakeview Village Hall



Welcome to the Wixams Runners

We're here to pull the local running community together by organising social runs and post-run hangouts.

Visit our Facebook page to stay up to date

www.facebook.com/WixamsRunners



Upcoming Events & Things to do

Send details of your local events to newsletter@wixams.org

Event	Date	Location/Details
Wixams Bike Meet	Sunday 5th February , 11.00am	Monthly meet 11am - meet at seasons Garden Centre 12 noon
Wixams Community Cafe	Tuesday 7th February, 10.30	Runs every Tuesday. Pop in for a coffee and a natter. More info on page 3.
Wixams Yarn Bombers	Tuesday 7th February, 19.00	Swan Room - To find out more information email: wixamsyarnbombers@gmail.com Or join the Facebook Page – Wixams yarn Bombers
Wixams WI	Tuesday 21st February , 19.45 pm	Lakeview Village Hall. More info below.
Valentine's Day Fayre	Saturday 11th February, 13.00pm	Lakeview Village Hall
Wixams Community Cafe	Tuesday 14th February, 10.30	Runs every Tuesday. Pop in for a coffee and a natter
Valentine's Kids Crafts	Tuesday 14th February, 11.00am & 13.00pm	The Forest Centre, Marston Moretaine For more information visit; https://www.marstonvale.org/Event/valentines-crafts-tuesday-14-february-2023
ECP Weigh & Play Sessions (run by Early Childhood Partnership)	Thursday 16th February, 09.30	Lakeview Village Hall - 1st and 3rd Thursday of the month More info below.
Wixams Photography Club	Saturday 18th February, 14.00am	Monthly meet - 3rd Saturday of the month Meet at seasons Garden Centre
Tom Jones Tribute Night	Friday 24th February, 19.00	The Forest Centre, Marston Moretaine For more information visit https://www.marstonvale.org/Event/tom-jones-tribute-night-2022
Wixams Parish Council Meeting	Tuesday 21st February, 19.45pm	Lakeview Village Hall
ECP Weigh & Play Sessions (run by Early Childhood Partnership)	Thursday 2nd March , 09.30	Lakeview Village Hall - 1st and 3rd Thursday of the month
Wixams Bike Meet	Sunday 5th March , 11.00am	Monthly meet 11am - meet at seasons Garden Centre 12 noon
Wixams WI	Tuesday 21st March , 19.45 pm	Annual General Meeting (AGM) at Lakeview Village Hall More info below.

All upcoming events are correct at the time of publishing. Please check with the event organisers directly for more information.

Weigh & Play Session

Lakeview Village Hall
155-160 Brooklands Avenue,
Wixams, MK42 6BE
1st and 3rd Monday of the month
9:30 - 11am

Families can also access
breastfeeding support

Early Childhood Partnership

Wixams Vixens WI

CHANGE OF DAY NOTICE

At the Wixams Vixens WI Meeting on 18 January 2023 it was decided that the DAY for our monthly meetings would change from the third Wednesday of the month to the third Tuesday of the month with immediate effect. The meetings will now be held in the Swan Room, Lakeview Village Hall, Brooklands Avenue, Wixams at 7.45 pm to 9.45 pm.

Here is the list of the new dates:

Tuesday 21 February	Youology
Tuesday 21 March	AGM, Hot Cross Bun Tasting and Quiz
Tuesday 18 April	Flower Arranging
Tuesday 16 May	Candlemelts
Tuesday 20 June	Caribbean Food
Tuesday 18 July	Blottolotto

Further details will be posted on Facebook.

Non-members welcome.

Garden birds are counting on you!



Big Garden
Birdwatch

27–29 January 2023



The world's largest garden wildlife survey returns, with hundreds of thousands of people watching and counting the UK's garden birds over the last weekend in January for the RSPB's Big Garden Birdwatch.

This year's event takes place on 27, 28 and 29 January 2023. People are asked to spend just one hour watching and recording the birds in their garden, balcony or local park, then send their results to the RSPB.

This year marks the 44th Big Garden Birdwatch. Starting in 1979, it has since become a much-loved annual event that helps give the RSPB a valuable snapshot of how our garden birds are doing in the UK. Over that time, 172 million birds have been counted and nearly 11 million hours spent watching garden birds.

Beccy Speight, the RSPB's Chief Executive, said: "The birds we see in our gardens, from our balconies, and in our parks, are a lively, colourful and endlessly fascinating part of all our lives, offering a real connection to the natural world. By taking part in the Birdwatch you, and hundreds of thousands like you, play an important role in helping us understand how UK birds are doing. With birds now facing so many challenges due to the nature and climate emergency, every count matters. Join us for Big Garden Birdwatch 2023 and together let's take action to protect and preserve our birds and wildlife for generations to come."

Over its four decades, Big Garden Birdwatch has highlighted the winners and losers in the garden bird world. It was first to alert the RSPB to the decline in song thrush numbers, which are down a shocking 81% compared to the first Big Garden Birdwatch in 1979. This species was a firm fixture in the top 10 in 1979,



but by 2009, its numbers were less than half those recorded in 1979. It came in at 20 in the rankings last year, seen in just 8% of gardens.

To take part in the Big Garden Birdwatch 2023, watch the birds on your balcony, in your garden or in your local green space for one hour at some point over the three days. Only count the birds that land, not those flying over. Tell us the highest number of each bird species you see at any one time – not the total you see in the hour.



For your FREE Big Garden Birdwatch guide, which includes a bird identification chart, top tips for your birdwatch, RSPB shop voucher, plus advice on how to help you attract wildlife to your garden, text BIRD to 70030 or visit www.rspb.org.uk/birdwatch



Recipe Corner

Serves 2

Ingredients

- 150g Dry spaghetti (or pasta of choice)
- 6ml Zesty Italian Dressing (recipe in footnotes)
- 2 Cloves Garlic, finely chopped
- 4 Chicken thighs, skinned & boned, cut into strips (or 1 large breast)
- 160g Broccoli florets
- 2 large fresh tomatoes diced
- 1 ball of mozzarella cheese pulled apart
- 4 tsp grated Parmesan or other Italian hard cheese

Homemade Italian Zesty Dressing

- 2 tsp Italian seasoning
- 1/2 tsp chilli flakes
- 2 tsp grated Parmesan
- 50ml Olive oil
- 15ml Red wine vinegar

Chicken Broccoli Pasta



A Valentine's meal for two on a budget

1. Cook the pasta following packet instructions
2. Make the Zesty Dressing: Mix together the seasonings and cheese, then whisk together the oil and vinegar, then whisk into the seasoning, add pepper & salt to taste
3. Heat the zesty dressing in a large pan with the garlic
4. Add the sliced chicken and broccoli and cook on medium heat for 5 to 7 mins or until the chicken is cooked through
5. Stir in the diced tomatoes and half of the mozzarella
6. Combine and cook for a further 1 to 2 minutes until heated through
7. Drain the spaghetti onto a serving plate, and top with the chicken broccoli mixture.
8. Finish by adding the remaining mozzarella and sprinkling on the parmesan

For extra unique zing, add zest and juice of 1/2 a lemon at stage 4.

Valentine's Butterscotch Cake

Ingredients

- 60g soft (unsalted) butter
- 50g Muscovado sugar
- 1 egg, lightly beaten
- 30g plain flour
- 1/2 tsp baking powder
- 1 pinch of salt
- 30ml Double cream
- 1 tsp vanilla extract
- Ice cream to serve

Method

1. Pre-heat oven to 160C/Gas 3
2. Grease and dust with flour 2 small ramekins (6oz/170ml size)
3. In a bowl combine flour, baking powder & salt – set aside
4. In a second bowl, cream together the butter and sugar until light and fluffy.
5. Slowly add the egg followed by the cream & vanilla extract.
6. FOLD in the flour, DO NOT OVERMIX
7. Divide the mixture between 2 ramekins and smooth the top
8. Bake for about 18 to 20 mins, until a skewer inserted in the centre comes out clean.
9. Serve warm with Ice Cream

Valentine's Cookies

Makes 24

Ingredients

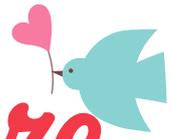
- 225g margarine
- 110g caster sugar
- 280g plain flour
- Fillings of choice: Jam, peanut butter, Lemon Curd
- 50g chocolate chips

Method

1. Preheat oven to 180C/160C fan/Gas 4
2. Line a flat baking tray
3. Cream the margarine in a large bowl until soft
4. Add the sugar and whisk until light and fluffy
5. Add the flour and mix well to form a dough
6. Half the dough ball and roll into 12 small balls.
7. Place onto the baking tray and flatten, using your finger to push a dent into the middle of each cookie.
8. Add 1/2 tsp of your chosen filling
9. With the remaining dough, mix in the chocolate chips then make 12 more cookie balls,
10. Place onto the baking tray and flatten.
11. Bake for 12 – 15 mins then cool on a rack
12. Eat and enjoy

Have you got a tasty recipe that you'd like to share with the community? We'd love to feature it in a future edition. Email newsletter@wixams.org

Valentine's Gift Fayre



Come and find a gift for your loved one for Valentine's Day, for an upcoming birthday or even for Mother's Day!

There will be a variety of craft stalls offering handmade products as well as other great gifts available from local businesses.

*Jewellery ♥ Personalised gifts ♥ Gift vouchers
Cards ♥ Candles ♥ Wax melts ♥ Confectionery
Handmade wooden gifts ♥ Leather goods
Stationery ♥ Ornaments ♥ Gift boxes*

Free Entry & Free Refreshments

Saturday 11th February, 1 - 4 pm

Lakeview Village Hall, Wixams

www.wixams.org/valentines-fayre





CAR THEFTS

Sadly, there has been a spike in vehicle theft over the past few months. Fortunately, there are many things you can do to make it harder for thieves to have an easy ride! Here are a few simple tips:

- **LOCK IT:** Criminal gangs know which vehicles have wing mirrors that fold once locked. So always remember to lock your vehicle when left unattended
- **BLOCK RELAY-THEFT:** If you have a car with keyless entry then you should place your keys within a screened or signal-blocking pouch, such as a Faraday Bag
- **GET A STEERING WHEEL LOCK:** Old school, yes. But, still very effective! Most times, opportunist thieves rely on a quick getaway, so a steering wheel lock will act as a great visual deterrent



SAFER INTERNET DAY 2023

Did you know that Tuesday, 7 February is Safer Internet Day 2023?

With so much of our time spent online, it is important that we keep in mind the basics of internet safety

- **DO keep passwords safe**
- **DO think carefully about what you share online**
- **DO take the time to understand what your children are viewing online**
- **DO try our family-friendly crossword below for some offline fun**



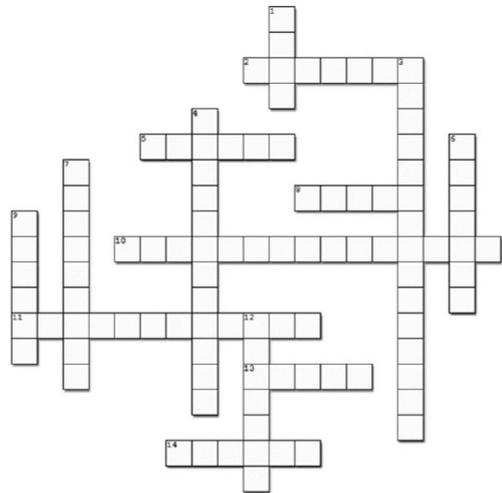
CRIME STATS

FOR DECEMBER 2022 AND JANUARY 2023

Recorded Date	Offence	Street
08/12/2022	Assault with injury	Bedford Road
05/12/2022	Assault with injury	Green Lane
10/12/2022	Assault without injury	Zander Way
02/12/2022	Assault without injury	Dane Lane
05/12/2022	Blackmail	
08/12/2022	Criminal damage to a building - business	Zander Way
17/12/2022	Criminal damage to a vehicle	Brooklands Avenue
12/12/2022	Criminal damage to a vehicle	Woodpecker Gdns
24/12/2022	Harassment	
04/12/2022	Interfering with a motor vehicle	Knoll Gardens
18/12/2022	Malicious communications	Cadwall Drive
11/12/2022	Malicious communications	Tawny Avenue
03/12/2022	Malicious communications	Mink Meadow
19/12/2022	Other theft	Tawny Avenue
19/12/2022	Other theft	Tawny Avenue
06/12/2022	Public fear alarm or distress	Hedgehog Mead
11/12/2022	Race or religiously agg assault no inj	
17/12/2022	Sexual	
30/12/2022	Theft by an employee	
08/12/2022	Theft or unauth taking of a motor vehicle	Willowsway Road
07/12/2022	Theft or unauth taking of a motor veh	Fieldfare View
07/12/2022	Theft or unauth taking of a motor veh	Jackdaw Drive



CROSSWORD



Across

2. A person thought to be guilty of a crime or offence
5. A building in which people are legally held as a punishment for a crime
8. A place where trials and other legal cases happen
10. Well known detective who lived at 221b Baker Street, London
11. Springfield's Chief of Police
13. A person who steals another person's property
14. The best town in Bedford

Down

1. A piece of evidence or information used in the detection of a crime
3. A film about a group of criminals who plan to steal a gold shipment from the streets of Turin
4. An impression or mark made on a surface by a person's fingertip
6. Something not understood or beyond understanding
7. Someone whose occupation is to investigate and solve crimes
9. Law enforcers
12. An escape or quick departure, especially after committing a crime

Take a picture of your completed puzzle once you are done and send it to our email address for your chance to win a prize! The winner will be announced in our next edition.

JOIN US

REMEMBER, THE WIXAMS COMMUNITY WATCH GROUP ARE ALWAYS OPEN TO NEW MEMBERS. SO FEEL FREE TO GET IN TOUCH IF YOU ARE INTERESTED IN JOINING.



Lakeview Village Hall Activities

 Lakeview Village Hall

The groups advertised below are correct at the time of publishing. Some groups run term time only. Please contact the group directly for their class running times and further information.



DAY	TIME	GROUP	ROOM	CONTACT	WEBSITE/FACEBOOK
Monday	09:30 - 11:00	Playgroup	Lakeview		1st and 3rd Monday of the month (term time)
	16:00 - 17:00	Shine Theatre School	Munson	Luisa Hodges - 07749 091885	facebook.com/Shine-Theatre-School shinetheatreschool.co.uk
	17:15 - 18:15	Rainbows	Munson		
	18:15 - 19:30	Brownies	Munson		
	18:30 - 20:00	Wixams Tang Soo Do	Lakeview	Nick	facebook.com/WixamsTSD
Tuesday	20:00 - 21:00	Go box fitness	Lakeview	07727 113285	facebook.com/goboxfit
	10:30 - 12:00	Wixams Community Cafe	Swan		
	18:30 - 19:30	Yoga	Munson	07825 561569	www.livyoga.co.uk
Wednesday	18:30 - 19:30	Christ the Word Ignite Club for yrs 6, 7, 8 and 9	Lakeview	07879 716958	facebook.com/christthewordwixams www.christthewordwixams.org.uk
	17:30 - 19:30	Wixams Youth Group	Swan	07880 448599	Email: wendy.millgate@4ypuk.com facebook.com/4YPUK
	17:30 - 20:00	Irish Dancing	Lakeview	Katie	facebook.com/stuartirishdancebedford
	17:00 - 18:00	Rainbows	Munson		
Thursday	18:15 - 19:30	Brownies	Munson		
	09:45 - 14:00	Toddler Sensory Different groups running	Lakeview	Samantha - 07538 502587	facebook.com/toddlersensebeds www.toddlersense.com/bedfordshire
	16:30 - 17:15	Entertainia Dance Class Class 1 (4-7 years)	Lakeview	Nina	entertainiatheatreschool@gmail.com
	17:15 - 18:00	Entertainia Dance Class Class 2 (7-11 years)	Lakeview		
	18:30 - 19:15	Go box fitness for kids	Lakeview	07727 113285	facebook.com/goboxfit
Friday	18:30 - 19:30	QI Gong Class Mind-Body-Spirit Exercises	Munson	07908 006677	Email: innertherapy@gmail.com
	10:00 - 11:00	Little Stars	Swan		
	18:00 - 20:00	Scouts	Lakeview		facebook.com/1stwixamscouting www.1stwixamsscouts.org.uk
Saturday	19:00 - 20:45	AA	Munson		
	09:15 - 10:00	Shine Theatre School	Munson	Louisa Hodges - 07749 091885	facebook.com/Shine-Theatre-School www.shinetheatreschool.co.uk
Sunday	09:30 - 11:30	Irish Dancing Beginners classes for all ages	Lakeview	Katie	facebook.com/stuartirishdancebedford
	09:45 - 11:15	AA	Munson		
	10:30 - 11:30	Christ the Word Church Services	Lakeview		
	15:00 - 16:00	Christ the Word Sunday Club For children aged 4-10 years	Munson	Alan - 07879 716958	facebook.com/christthewordwixams www.christthewordwixams.org.uk
	18:00 - 19:00	Taekwondo	Lakeview		

Visit our website for dates & bookings

Scan me

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ENTERTAINIA DANCE

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Do you want to perform?
Work towards musical theatre dance productions?
Learn performance dance techniques?

When? Thursday's
Class 1 (Aged 4-7) 4.30pm-5.15pm
Class 2 (Aged 7-11) 5.15pm-6.00pm

Where? @Wixam's Village hall

Email Nina entertainiatheatreschool@gmail.com to book your place or for more information

HAND MADE AT 27

EM's
at 27

WITH LOVE AND GRACE



EM'S AT 27 PROVIDES TOP QUALITY, HIGHLY SCENTED WAX MELTS FOR YOUR HOME AND INDOOR SPACE WHICH HAVE BEEN LOVINGLY HAND POURED IN OUR BEDFORDSHIRE WORKSHOP.

OUR WAX MELTS ARE DEVELOPED IN A RANGE OF SHAPES AND SIZES USING HIGH QUALITY PARAFFIN WAX AND SUPERIOR OILS ENABLING THEM TO BE USED IN BOTH TEA-LIGHT AND ELECTRICAL WAX MELT WARMERS.



PERSONALISED GARMENTS, FROM CHILDREN'S WEAR TO ADULT WEAR. PREFABRICATED DESIGNS ARE AVAILABLE ALONG WITH A BESPOKE DESIGN SERVICE.



OUR PRODUCT RANGE EXTENDS BEYOND WAX MELTS AND INCLUDES BATH SALTS, BATH BOMBS, SOAP SPONGES, CARPET FRESHENERS AND MANY MORE PRODUCTS TO MAKE YOUR HOME SMELL DIVINE.

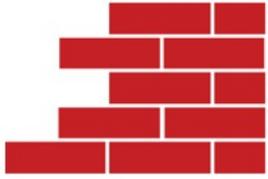
OTHER PRODUCTS INCLUDE PERSONALISED STORAGE BOXES, LIQUID PUMP BOTTLES, THERMAL MUGS, AND STORAGE CONTAINERS.



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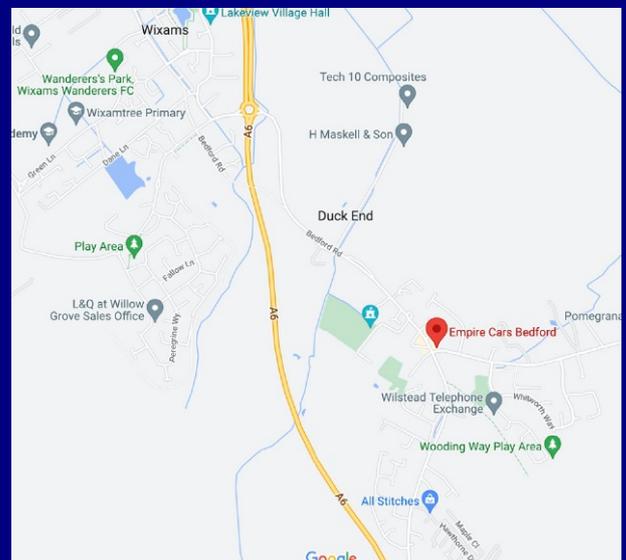
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PARENT REVIEWS

Helen Royle
Parent

"I'm amazed at how confident my daughter has become. She got on with her maths homework without doubting herself and had complete confidence in what she was doing!"

Lucy Roberts
Parent

"My daughter's gone from scoring 60% in her weekly arithmetic tests to 100% since she's joined Tina at Wixam's Tuition!"

Thanks Tina, see you later. Sam has been getting 10/10 for his weekly tests and got 34/40 for his arithmetic. Waiting to receive these back but I believe he got 26/35 for reasoning

11:19 am

Bobby Mudhar recommends Wixams Maths English Tutor

Tina is an engaging tutor who is committed to not only the academic but also personal wellbeing development of her students. Our daughter has benefited immensely in the short time she has been with Tina, and is enjoying her maths lessons more at school as a result. Her confidence and ability in Maths has increased and this is a direct result of Tina's teaching style.

1 Comment

Therese Clelland recommends Wixams Maths English Tutor

Son is thoroughly enjoying his maths lessons with Tina. Confidence and understanding has grown. We are delighted with results and certainly recommend. Tina always has a smile and such a positive can do attitude that it rubbing off on my son. Thank you

1 Comment

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January Garden Update

by Deirdre Wilcock

Deirdre is a RHS qualified gardener and owner of Green Hands. For more garden updates find Green Hands on Facebook @deirdregreenghands.



Welcome to 2023! Happy New Year readers! I get very EXCITED in January. I always have so much hope and excitement for the garden and what is going to come this year! I can see my hard work from a few months ago paying off as the bulbs start to poke their heads through the soil. One of my favourite things to do in January is to plan the garden for coming year. What will I plant this year? What can I grow from seed or propagation? Can I extend the border (yet again!?) this year? So much hope and excitement! January doesn't have to be all doom and gloom.

A very cold start for winter

December was a very very cold start to winter. The coldest I've ever seen it! Looking at a few of the plants in my garden the extreme freezing conditions have unfortunately taken a toll on some of them. Don't be tempted to dig them up and toss them in the garden bin just yet! Whilst they may look 'dead' and unsightly at the moment, leave them to Spring. You will be surprised to see new growth on what you thought was a dead plant. Once you can see where the new growth is coming off then snip off the dead stems.

With the days beginning to lengthen it's a good time to start working off some of the holiday fun! January is a great month to continue digging over borders if the soil is not waterlogged or frozen. If the ground is frozen you can still keep active by spreading manure or garden compost. Your summer borders will thank you for this later! January is also a great month to catch up with any repairs to fences or trellises.



My top 5 star plants for January:

- **Cornus alba 'Sibirica'** - my absolute favourite winter plant. Plant in groups for a striking display of glossy bright red stems. You can also pair this Cornus with the 'Midwinter Fire' to really have the ultimate winter garden!
- **Galanthus plicates subsp. byzantinus** - classic snowdrop. Plant in drifts to create a stunning display.
- **Prunus x subhirtella 'Autumnalis Rosea'** - winter flowering cherry tree
- **Lonicera x purpusii** - shrubby honeysuckle with intensely fragrant flowers
- **Skimmia japonica** - tough evergreen shrub that does best in shade



Tasks for January:

- Clean out bird boxes of old nesting material, this will encourage birds to nest again this year
- Clear leaves off your lawn to prevent pest and diseases setting up camp over the winter. Keep the leaves and make leafmould or put them on your border but keep them away from the base of your plants. Leaves will break down and provide a really good FREE soil conditioner
- Check and stake trees ready for the winter gales
- Try to keep off the lawn as much as possible over winter especially when it's frozen
- Start thinking of your summer-flowering bulbs. Make a list and order so they are ready to be planted in spring
- Improve drainage in your lawn by using a garden fork. Push the fork into the ground and wiggle it about to open up the holes
- Start sowing summer-flowering bedding plants that need a long season to grow such as begonias, lobelias, snapdragons and pelargoniums
- Plant bare-root trees and shrubs if the ground is not frozen

Happy Gardening!



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Deadline for submissions for next issue:
15th February 2023

If there is anything specific you would like to see in the Newsletter or if you would like to write an article of interest to others please get in touch with us at newsletter@wixams.org

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